


16. What is one piece of practical advice (book, saying, philosophy) that you would give to someone?

30/30  **Anon anonf3c617b40e80447b**
| You always have "no" in your pocket, so ask the question.

Anon anon2497e4eb517f4019
| Follow through on what you have committed to do.

Anon anon7af3f6a5fdb94a91
| the Holy Bible
| if your job is worth doing, train your replacement

Anon anoncee0246a2d114954
| Matthew 22: 37-40

Anon anon84ebacc4c9ef4e5f
| Do something your future self will thank you for.
| Happiness can be found, even in the darkest of times, if one only remembers to turn on the lights.

Anon anon9a81ac9d07674f56
| You never know exactly what someone is going through.

Anon anon7824d61cc0ff4db9
| In general, be nice to people as a rule, do the thing you say you will do, and be reasonably responsive to emails/calls,etc.

Anon anon928e0883431c46d2
| Life is naturally stressful. Don't artificially add stress to it.

Anon anona4dbcf3131394f88
| seek to leave things better than you found them

Anon anon380ab7e3fda444c4
| Philippians 4:8 whatever is true, ... noble... right... pure...loveky, whatever is admirable think on these things.

Anon anondadf5b6add5c44b9
| Let it go.

Anon anonb3011750a0a7414a
| Practice is the mother of knowledge.

Anon anonac8d2773eec740b8
| the laws of human nature

Anon anonae44a48b6feb412f
| I try to use the "Circle of Concern, Influence, and Control."

Anon anon77892e696c424110
| The Old Grey Homestead, a book of a prodigal son changing his life through hard work and effort and reaping the rewards.

Anon anonebfd533d2f741f8
| develop relationships

develop activities outside of work

Anon anon1f91bbff214332

Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.
Prioritize wisdom over knowledge.

Anon anon42c8682b10014b58

to worry is to suffer twice

Anon anon4f04926c18874aab

The Subtle Art of Not Giving a F*ck, Mark Manson

a book on prioritization and finding joy in challenges

Anon anon57b33e3c54b34427

love your neighbor as yourself - Matthew 22:39

Anon anonf6bab1aa9f2c47ee

Atomic Habits - James Clear

Anon anon9a6b428e93964d45

would you still do it if it was published in the newspaper (or on social media)

Anon anon30625e1142274ee2

Be mentorable and mentor others!

Anon anonf30cf6cba4ec49fe

find the joy in your everyday life.

Anon anon59ab7309cae94717

my therapist recommends always having something to look forward to like a trip.

Anon anon370cf5b9cdb44c1

Book: The Subtle Art of Not Giving a F*** (I am not joking, it's really quite helpful)

Anon anon12dead9b76b742d2

Seek first to understand, then to be understood

...and don't watch the news.

Anon anon1e3e24463aa94d58

Religion/Faith

Anon anon41187a7c49ea4789

admit fault. be honest

Anon anonf2a1c38cedce4b6d

former boss

If You Want It Done Right, You Don't Have to Do It Yourself!: The Power of Effective Delegation by Donna Genett